



Future 5 Coaching: Meet Lindsay

Future 5 does coaching differently.

Rather than matching **one** student to **one** coach, students partner with **many** coaches throughout high school as they participate in Job Prep, College Prep, Community Service and other **Future 5** programs. This way, the students' network of connections grows and is added to the tools and resources the students receive.

“My biggest ‘ah-ha!’ moment after college was going to my first – very brief! – job interview (proudly wearing a plaid sport coat) and realizing that I should have worn a suit and it was time to get a haircut! Other than knowing that I would need to work hard, I didn’t stress out about finding a job.

I did find a job after college and I did work hard. I went on to get my MBA from UCLA and built a successful career in advertising and consumer marketing over the years. I developed good professional relationships and there was integrity in the work I did.

The students I’ve coached at Future 5 don’t come from backgrounds like mine. I’ve worked with seven students over my years at Future 5 and I’ve learned something from each one of them. The biggest takeaway I’ve learned is that the things I took for granted in my background and my career – even the “little” things like who you know – can make a huge difference in the life of a young person.”



Future 5 helps motivated, low-income high school students in Stamford connect to their full potential.

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